




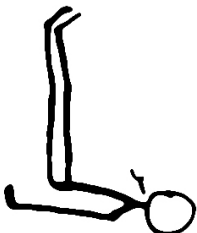


Yin Yoga for Surrender and Self-Care

<p>1. Dragonfly</p>  A stick figure is shown in a Dragonfly pose, lying on its side with its legs extended and arms bent at the elbows, resting on the floor.	<p>2. Sleeping Swan</p>  A stick figure is shown in a Sleeping Swan pose, lying on its side with its legs extended and arms bent at the elbows, resting on the floor.	<p>3. Saddle</p>  A stick figure is shown in a Saddle pose, lying on its side with its legs extended and arms bent at the elbows, resting on the floor.
<p>4. Butterfly</p>  A stick figure is shown in a Butterfly pose, sitting on the floor with its legs extended and arms bent at the elbows, resting on the floor.	<p>5. Frog on Wall</p>  A stick figure is shown in a Frog on Wall pose, lying on its side with its legs extended and arms bent at the elbows, resting on the floor.	<p>6. Legs up the Wall</p>  A stick figure is shown in a Legs up the Wall pose, lying on its back with its legs extended and arms bent at the elbows, resting on the floor.

Yoga Stick Figures can be purchased at:
www.YogaFlavoredLife.com